

QUINTA ALGARVE

YOGA HOLIDAYS

WITHIN NATURE



Nestled in the Portuguese mountains at the heart of Monchique. Quinta Algarve offers you the tranquility of a peaceful, fun and very child friendly getaway within nature.

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You will find the real magic of our oasis, in the quiet back to nature atmosphere in unspoiled surroundings, our welcoming staff, daily yoga classes and our delicious fresh cuisine.

One week includes:

7 nights in booked accommodation, a daily small breakfast with muesli and seasonal fruit, lunch and dinner.

Daily yoga classes in Vinyasa, Hatha, Restorative and Therapy Yoga

(5 days with 2 yoga sessions of approx. 90 min for adults per week).

Childcare possible on request

German and English speaking guest service

Price: from €379

